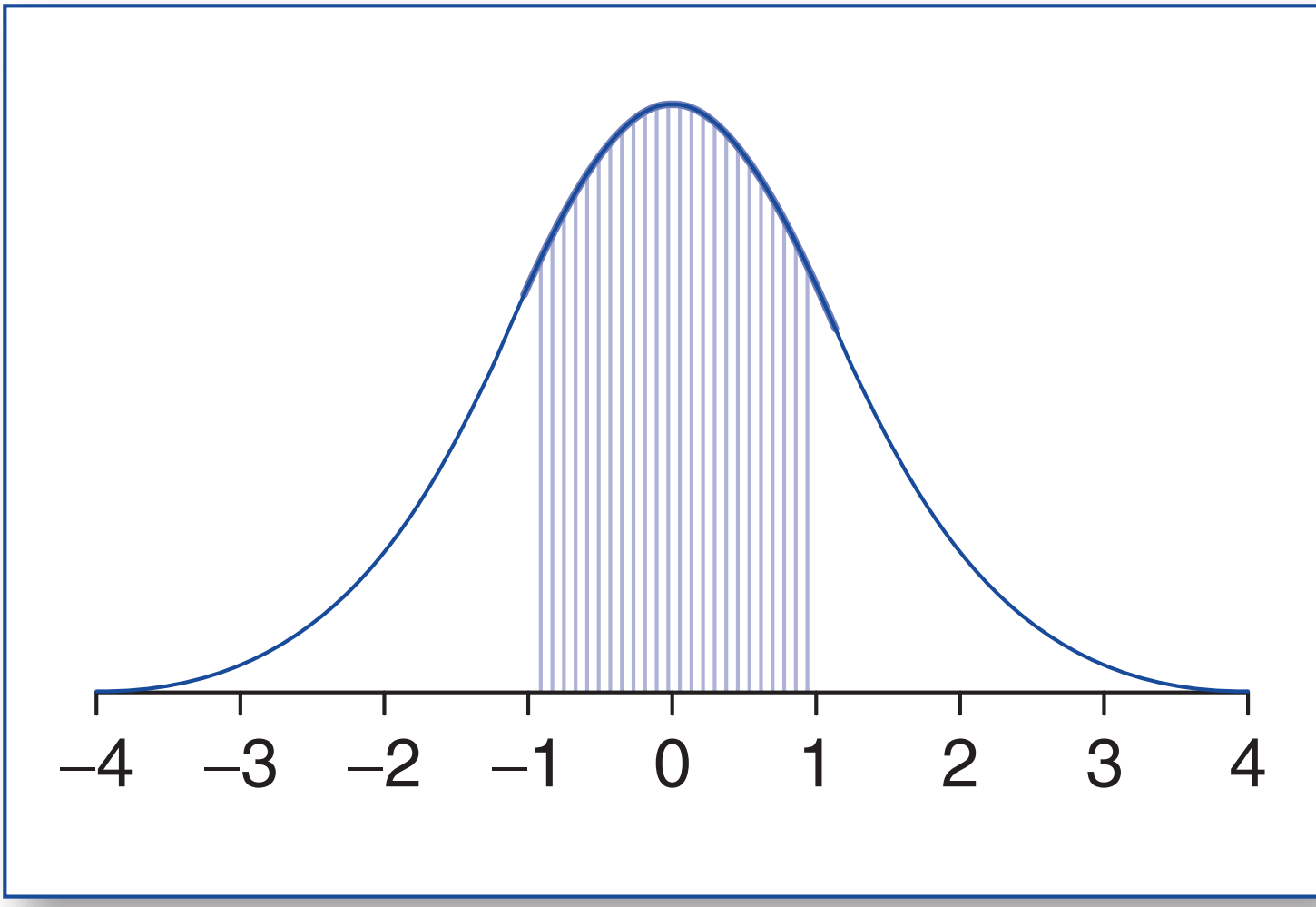Figure 4.5 A z Distribution With the Target Area Between $z = -1$ and $z = +1$ Shaded.